



seb's urban jungle brunch room

breakfast

<p> BD Toasted Sourdough with Smashed Avocado, Rocket, Crumbled Feta & Pomegranate Seeds (vegan option available) 9.5</p> <p> BD Toasted Sourdough with Smashed Avocado, Rocket, Crumbled Feta, Cracked Black Pepper & Balsamic Glaze (vegan option available) 8.75</p> <p>BD Toasted Sourdough with Smashed Avocado, Rocket Crispy Streaky Bacon & Chilli Flakes (vegan option available) 9.5</p> <p>BD Toasted Sourdough with Smashed Avocado, Rocket, Smoked Salmon, Dill & Cracked Black Pepper served with a slice of lemon breakfast deal surcharge + 2 11.5</p> <p>Toasted Croissant from Le Petit Francais filled with Mature Scottish Cheddar and Wafer Thin Cooked Ham 5</p> <p> Toasted Croissant from Le Petit Francais filled with Mature Scottish Cheddar 4.5</p> <p>Smoked Streaky Bacon Ciabatta (vegan option available) 4.75/8</p>	<p>BD The Ultimate Ciabatta - Sausage, Smoked Streaky Bacon, Mature Scottish Cheddar, Mozzarella & Smashed Avocado breakfast deal- upgrade to full, surcharge + 2 5.75/10</p> <p> BD The Vegan Ultimate Ciabatta - Sausage, Bacon, Cheese & Smashed Avocado breakfast deal- upgrade to full, surcharge + 2 5.75/10</p> <p> Berry Breakfast Bowl - Yoghurt, Strawberries & Blueberries (vegan option available) 5.75</p> <p>+ Red Berry Granola 1.5 + Chia Seeds 1 + Honey 1</p>	<p>half/full</p>
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Breakfast Deal £14.50

- Any Hot Drink
(upgrade to an iced drink for £1)
- Orange or Apple Juice
- Any Breakfast Deal 'BD' Dish
- Any Pastry

(Breakfast is served all day)



toasted ciabattas

our paninis are made with our signature sourdough ciabattas & are served with a side salad

<p>The Bird of Paradise 9.75 Sliced Chicken Breast, Italian Mozzarella, Tomato, Basil & Garlic Mayo</p> <p> The Vegan Bird of Paradise 9.75 Chicken, Cheese, Tomato, Basil & Garlic Mayo</p>	<p> The Monstera Deliciosa 9.75 Mature Scottish Cheddar, Mozzarella, Monterey Jack, Feta, Goat's Cheese, Truffle Oil & Chilli Flakes</p> <p>The Philodendron 9.75 Pulled Pork, Monterey Jack, Honey & Chilli Soaked Red Onion & BBQ Sauce</p>
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(Gluten Free bread available, please ask your server)

*Please be aware that we are not a gluten free, nut free, or vegan kitchen. Everything is made in the same space so although every care is taken to avoid cross contamination, we cannot 100% guarantee none has occurred during preparation.





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Lunch

 Soup	4
Soup & Sourdough	5
Soup & Grilled Cheese	9
 Goat's Cheese Salad Mixed Leaves, Tomato, Cucumber, Red Onion, Goat's Cheese, Walnuts & Honey Dressing	10.75
 Feta & Pomegranate Salad Mixed Leaves, Tomato, Cucumber, Red Onion, Feta, Pomegranate Seeds, Homemade Croutons & Chilli Oil (vegan option available)	10.75

grilled cheese, please

Our Grilled Cheese Melts are made with our signature sourdough and are filled with Mature Scottish Cheddar and Mozzarella

 Classic Grilled Cheese	6.5
 Vegan Grilled Cheese	6.5

MAKE IT YOUR OWN!

add ons





chicken, bacon, sausage, pulled pork, ham, VG chicken, VG bacon, VG sausage	1.5
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cheddar, mozzarella, feta monterey jack, goat's cheese VG applewood, VG feta	1
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tomato, basil, pesto, pomegranate seeds, red onion, chilli soaked red onion, truffle oil, chilli oil	0.75
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see anything else on the menu you'd like to add? just ask

cakes & pastries

 Toasted Sultana Scone with Butter & Strawberry/Apricot Jam	3.5
 Croissant + Butter, Strawberry/Apricot Jam or Nutella	2.5 1
 Pepito - Chocolate & Creme Patisserie Pastry	3
 Cinnamon Bun	3.5

Selection of cakes & bakes -
come check out today's
selection at the bar!



vegan



vegetarian

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@sebsurbanjungle

BOOK A TABLE

hello@sebsurbanjungle.co.uk